

ELIZABETH G. TOVAR, PHD, APRN, FNP-C, PMHNP-BC**CURRICULUM VITAE**

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College of Nursing
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EDUCATION

Dates	Institution/Location	Degree/Field of Study
01/2020 - 05/2021	University of Kentucky Lexington, Kentucky	Post Graduate Certificate Psychiatric Mental Health Nursing
08/2003 - 08/2007	University of Texas Medical Branch Galveston, Texas	PhD, Nursing
01/2001 - 04/2003	University of Texas Medical Branch Galveston, Texas	MSN, Nursing Family Nurse Practitioner
08/1993 - 05/1998	University of North Carolina at Wilmington Wilmington, North Carolina	BS, Nursing BA, Psychology

LICENSURES AND CERTIFICATION

Date	Type, State of Licensure	License/ Cert. #	Accrediting Body
09/2022 - Present	Psychiatric Mental Health Nurse Practitioner	2022002495	American Nurses Credentialing Center (ANCC)
06/2007 - Present	Nurse Registration, KY	1113489	Kentucky Board of Nursing
06/2007 - Present	Advanced Practice Nurse Registration, KY	3005215	Kentucky Board of Nursing
11/2003 - Present	Family Nurse Practitioner	F1103310	American Association of Nurse Practitioners (AANP)

PROFESSIONAL EXPERIENCE**Academic**

Dates	Institution and Location	Title
07/2017 - Present	University of Kentucky College of Nursing Lexington, KY	DNP Primary Care Track Coordinator
07/2015 - Present	University of Kentucky College of Nursing Lexington, KY	Associate Professor
07/2015 - 04/2020	University of Kentucky Department of Family & Community Medicine Lexington, KY	Associate Professor
07/2007 - 06/2015	University of Kentucky College of Nursing Lexington, KY	Assistant Professor

Dates	Institution and Location	Title
07/2007 - 06/2015	University of Kentucky Department of Family & Community Medicine Lexington, KY	Assistant Professor
08/2003 - 08/2007	University of Texas Medical Branch School of Nursing Galveston, TX	Teaching Assistant
<u>Clinical/Other</u>		
Dates	Institution and Location	Title
07/2018 - Present	Invictus4Core Healthcare	Family Nurse Practitioner
07/2007 - 07/2020	University of Kentucky Family & Community Medicine Clinic, Lexington, KY	Family Nurse Practitioner
02/2007 - 04/2007	Alvin Community Health Endeavors Alvin, Texas	Family Nurse Practitioner
01/2005 - 01/2006	University of Texas Medical Branch Emergency Department, Galveston, TX	Family Nurse Practitioner
12/2001 - 08/2003	University of Texas Medical Branch Hospital Galveston, Texas	Agency Nurse: Critical Care, Emergency Room, and Medical/Surgical
04/2000 - 12/2001	University of Texas Medical Branch Hospital Galveston, Texas	Staff Nurse: Surgical Intensive Care
02/2000 - 03/2000	Brackenridge Hospital Austin, Texas	Travel Nurse: Medical/Surgical
09/1999 - 12/1999	Johns Hopkins Hospital Baltimore, Maryland	Travel Nurse: Neurology/ Orthopedic/ ENT
07/1998 - 08/1999	North East Medical Center Concord, North Carolina	Staff Nurse: Medical/Surgical

HONORS AND AWARDS

2022	Accepted as Fellow for the Center for Interprofessional Health Education
2019	Selected for the Women's Executive Leadership Development (WELD) program
2008 - 2021	Charles T. Wethington Award
2016 - 2017	Selected for the UK eLII Faculty Development Program (Round 3)
2008 - 2009	Selected for the University of Kentucky Circles of Power Leadership Program for Women Faculty
2008	Southern Nursing Research Society – First Place Doctoral Student Poster Award
2006	Jane Welsh Award for Excellence in Cardiovascular Research
2006	Salute to Nursing Scholarship
2006	Pinning Ceremony Commentator, University of Texas Medical Branch, Galveston baccalaureate nursing graduating class of 2006

RESEARCH GRANTS FUNDED

Dates	Grant Title	Role	Agency, Grant Number	Amount
09/2012 - 05/2017	FRESH Dual Home Screening for Lung Cancer Prevention	Co-I '12-'13	NINR 1R01ES021502-01	\$2.1m
04/2011 - 03/2012	Inflammatory Biomarkers associated with Heart Failure and Depression - A concomitant study with the HOPE-HF study	PI	University of Kentucky Faculty Support Grant , NA	\$20,000
07/2010 - 06/2012 Non-funded ext. July -Dec. 2012	Helping Others toward Positive Emotions in persons with Heart Failure (HOPE-HF) - RICH Heart P20 Pilot Project	PI	NINR 5P20NR010679-04	\$94,000
12/2006 - 12/2006	The Relationship of Psychosocial Factors and Adherence in Patients with Type 2 Diabetes: A Test of a Conceptual Model Combining Stages of Change Components and the Health Belief Model	PI	Sigma Theta Tau- Alpha Delta Chapter – Doctoral Student Dissertation Award, NA	\$500
04/2005 - 12/2005	Development of the Health Beliefs Related to Cardiovascular Disease Risk Scale (HBCVD)	PI	Sigma Theta Tau- Alpha Delta Chapter – Doctoral Student Research Award, NA	\$500

OTHER GRANTS FUNDED

Dates	Grant Title	Role	Agency, Grant Number	Amount
07/2016 - 06/2021	Collaborative Training in Primary Care Transformation Project	Co-I	Primary Care Training & Enhancement Grant, TOBHP30024	\$2.5 million
09/2011 - 10/2016	Preparing Primary Care Physicians for Quality Health Care through Practice Based Learning and Improvement	Co-PI	HRSA Residency Training Grant, D58HP23234	\$700,000
07/2007 - 06/2010	Engaging Family Medicine Residents in the Chronic Care Model	Co-I	HRSA Residency Training Grant, D58HP08307	\$350,000

PUBLICATIONS**Journal Articles - Peer Reviewed (*Data-based publications)**

- *Ellis M, Hampton D, Makowski A, Falls C, **Tovar E**, Scott L, & Melander S (2022). Unfolding Case Scenarios to Promote Clinical Reasoning for Nurse Practitioner Students. *Journal for Nurse Practitioners* (under review).
- Makowski A, Hampton, D., Hardin-Pierce M., Scott L., Garritano N., **Tovar E.**, Melander S. (in press). Adapting clinical experiences during a pandemic: one college of nursing's approach. *Journal of the American Association of Nurse Practitioners*, 34 (2), 254-260.
- Melander S., Hampton D., Garritano N., Makowski A., Hardin-Pierce M, Scott L., **Tovar E**, & Biddle, M. (2021). Strengthening the impact of Doctor of Nursing Practice projects in education and clinical practice. *The Nurse Practitioner*, 46(8), 33-38. doi:10.1097/01.NPR.0000751804.78165.5a
- *Tschannen D, Alexander A, Taylor S, **Tovar EG**, Ghosh B, Zellefrow C, Milner K (2021). Quality Improvement Engagement and Competence: A Comparison between Frontline Nurses and Nurse Leaders. *Nursing Outlook*. doi:https://doi.org/10.1016/j.outlook.2021.02.008

- *Alexander CC, Tschannen D, Hays D, Clouse M, Zellefrow C, Amer KS, Lambert-Davis J, Watson TH, **Tovar EG**, Milner KA (2021). An Integrative Review of the Barriers and Facilitators to Nurse Engagement in Quality Improvement. *Journal of Nursing Care Quality*. doi: 10.1097/NCQ.0000000000000562. Epub ahead of print. PMID: 33734188.
- *Tschannen D, Alexander A, **Tovar ET**, Ghosh B, Zellefrow C, Milner K (2020). Development of the Nursing Quality Improvement in Practice Tool. *Journal of Nursing Care Quality*, 35(4), 372-379.
- ***Tovar ET**, Ossege JO, Farus-Brown S, Zonsius M, Morrow L, (2019). DNP Program Faculty and Graduates' Knowledge and Use of QI and Safety Processes. *Nurse Educator*, 45(1), 11-16.
- *Acton C, Farus-Brown S, Alexander C, Morrow L, Ossege J, **Tovar E** (2017). Quality and Safety Education for Nurses Competencies in Doctor of Nursing Practice Education: Exemplars from Education and Practice. *Nurse Educator*, 42(5S), S44-S48.
- *Dekker RD, Lennie TA, Moser DK, Miller CS, Ebersole JL, Chung ML, Campbell CL, Bailey A, **Tovar EG** (2017). Salivary Biomarkers, Oral Inflammation, and Functional Status in Patients with Heart Failure. *Biological Research for Nursing*, 19(2), 153-161.
- *Alhurani AS, Dekker R, **Tovar EG**, Bailey A, Lennie TA, Randall DC, & Moser DK (2016). Stress, Cognitive Appraisal, Coping, and Event Free Survival in Heart Failure Patients. *European Journal of Cardiovascular Nursing*, 15, S68-S69.
- *Layton K, **Tovar E**, Wiggins A, Rayens MK, Salt E (2016). Evaluation of a Rheumatology Patient Prioritization Triage System. *Journal of the American Association of Nurse Practitioners*, 28(10), 541-545.
- *Dekker, R. L., Lennie, T. A., Moser, D. K., Miller, C. S., Ebersole, J. L., Chung, M. L., Campbell, C. L., Bailey, A. L., **Tovar, E. G.** (2015). Levels of oral inflammation-not salivary or serum biomarkers-predict worse functional status in hospitalized patients with heart failure. *Circulation*, 132, A10367.
- ***Tovar EG**, Dekker RL, Chung ML, Gokun Y, Moser DK, Lennie TA, & Rayens MK (2015). Self-efficacy mediates the relationship of depressive symptoms and social support with adherence in patients with heart failure. *Journal of Health Psychology*, doi: 10.1177/1359105315583369
- ***Tovar EG** & Warshawsky N (2015). Use of a Problem-Based Learning Exercise to Teach the Lean 8-Step Problem Solving Method to DNP Students. *Nurse Educator*, 40(2), 101-104.
- *Alhurani AS, Dekker RL, **Tovar EG**, Bailey A, Lennie TA, Randall D, & Moser DK (2014). Examination of the Potential Association of Stress with Morbidity and Mortality Outcomes in Patients with Heart Failure. *SAGE open medicine*, 2, 205031211452093.
- *Dekker RL, Moser DK, **Tovar EG**, Chung ML, Heo S, Wu JR, Dunbar SB, Pressler SJ, & Lennie TA (2013). Depressive Symptoms and Inflammatory Biomarkers in Patients with Heart Failure. *European Journal of Cardiovascular Nursing*, 13(5), 444-450.
- ***Tovar EG** & Clark MC (2014). Knowledge and Health Beliefs Related to Heart Disease Risk among Adults with Type 2 Diabetes. *Journal of the American Association of Nurse Practitioners*.
- ***Tovar EG**, Rayens MK, Gokun Y, & Clark MC (2013). Mediators of adherence among adults with comorbid diabetes and depression: The role of self-efficacy and social support. *Journal of Health Psychology*.
- ***Tovar EG**, Rayens MK, Clark M & Nguyen H (2010). Development and psychometric testing of the Health Beliefs Related to Cardiovascular Disease Scale: Preliminary findings. *Journal of Advanced Nursing*, 66(12), 2772-84.

Book Chapters

- Fields L & **Tovar EG** (2014). The Patient Centered Medical Home. In J. South-Paul, S. Matheny, & E. Lewis (Eds.), *Current Diagnosis and Treatment in Family Medicine, 4th edition*. New York: McGraw-Hill
- Fields L & **Tovar EG** (2011). The Patient Centered Medical Home. In J. South-Paul, S. Matheny, & E. Lewis (Eds.), *Current Diagnosis and Treatment in Family Medicine, 3rd edition*. New York: McGraw-Hill

PRESENTATIONS

Peer Reviewed (*Data-based presentation)

International

- *Elder W, Kudrimoti A, **Tovar E**, Hustedde C, Sass J, & Sacks D (May 2018). *Transformation of care: I've been hearing that a lot lately*. Society for Teachers of Family Medicine 2018 Annual Spring Conference, podium presentation. Washington, DC
- *King M, **Tovar E**, Tovar J, Vann A, & Randawha B (April 2010). *Patient Centered Diabetes Care: A Patient Education and Resources Intervention for Care Improvement and Outcomes*. Society for Teachers of Family Medicine 2010 Annual Spring Conference, podium presentation. Vancouver, BC, Canada.
- *King M, **Tovar E**, McKee C, Pfeifle A, & Love M (April 2010). *Can Group Visits for Patient Education And Peer Support Improve Outcomes In Diabetes Care?* Society for Teachers of Family Medicine 2010 Annual Spring Conference, podium presentation. Vancouver, BC, Canada.

National

- Grubbs A, Ossege J, **Tovar E**, & Wiggins A (2022). Evaluation of the Transition from In-person to Virtual Objective Structured Clinical Examinations. National Organization of Nurse Practitioner Faculties 48th Annual Meeting, podium presentation. Minneapolis, MN.
- Farus-Brown S, Ossege J, **Tovar E**, Zonsius M (April 2019). *Are DNP Faculty and DNP Graduates Prepared to Teach and Lead Quality Improvement Processes?* National Organization of Nurse Practitioner Faculties 44th Annual Meeting, podium presentation. Atlanta, GA.
- Farus-Brown S, Ossege J, **Tovar E**, Zonsius M (April 2018). *DNP Faculty and DNP Graduates Knowledge and Use of Quality Improvement Processes*. National Organization of Nurse Practitioner Faculties 44th Annual Meeting, podium presentation. Indianapolis, IN.
- Tovar E**, Ossege J, Farus-Brown S (May 2017). QSEN in DNP Education: Exemplars for Education and Practice. The Quality and Safety Education for Nurses National Forum, poster presentation. Chicago, IL.
- Tovar E**, Ossege J (April 2017). A Pilot Survey of DNP Program Faculty Knowledge and Use of QI Processes. National Organization of Nurse Practitioner Faculties 43rd Annual Meeting, podium presentation. Washington, DC.
- Atherton J, Perez O, Ballard J, **Tovar EG**, Rankin W (May 2016). Developing a 'Residents as Teachers' Curriculum Track in a Family Medicine Residency Program. Paper presented at the Society for Teachers of Family Medicine 2016 Annual Spring Conference, Minneapolis, MN.
- ***Tovar EG**, Atherton J, Ballard J, Barron M, King MR, Perez O (December 2015). Beyond PBLI – Building a Framework for Clinic Based Quality Improvement Practice Teams. Paper presented at the 2015 Society for Teachers of Family Medicine (STFM) Annual Conference on Practice Improvement, Dallas, TX.
- *Ballard J, Cardarelli R, Smith BP, Meredith B, **Tovar EG**, Atherton J, King MR, Perez O (December 2015). Reducing Potentially Avoidable Emergency Department Visits by Improving Patient Connections with their Primary Care Team in a Family Medicine Residency. Paper presented at the 2015 Society for Teachers of Family Medicine (STFM) Annual Conference on Practice Improvement, Dallas, TX.
- *Gearlds A, Gottschalk G, Atherton J, King MR, Barron M, Pearce KA, Perez O, **Tovar EG**, Ballard J (December 2015). Improving Diabetes Related National Quality Forum (NQF) Clinical Quality Measures (CQMs) through Standardized Care Management Developed by a Diabetes Quality Improvement (QI) Team. Work In Progress Poster presented at the 2015 Society for Teachers of Family Medicine (STFM) Annual Conference on Practice Improvement, Dallas, TX.
- Dekker, R. L., Lennie, T. A., Moser, D. K., Miller, C. S., Ebersole, J. L., Chung, M. L., Campbell, C. L., Bailey, A. L., **Tovar, E. G.** (2015, November). *Levels of oral inflammation—not salivary or serum biomarkers-predict worse functional status in hospitalized patients with heart failure*. 2015 American Heart Association Scientific Sessions, Orlando, FL, peer-reviewed/refereed.

- *Atherton J, **Tovar EG**, King MR, Perez O, Ballard J (April 2015). Use of DiSC Profiles to Identify Family Medicine Specialty Personality Trait Trends and to Facilitate Leadership and Collaboration in a Family Medicine Residency Program. Scholarly Topic Roundtable Presentation at the Society for Teachers of Family Medicine 2015 Annual Spring Conference, Orlando, FL
- Hardin-Pierce M & **Tovar E** (April 2015). A Graduate Elective to provide Inter-professional Education on Collaboration and Application of the 8-Step LEAN approach to Quality Improvement. Poster presented at the 41st Annual National Organization of Nurse Practitioner Faculties, Baltimore, MD.
- ***Tovar EG**, Atherton J, Gomez M, King M, Perez O, Ballard J (December 2014). Use of DiSC Profile to Facilitate Teamwork, Communication and Professionalism in a Family Medicine Residency Program. Special Interest Discussion presentation at the 2014 Society for Teachers of Family Medicine (STFM) Annual Conference on Practice Improvement, Tampa, FL.
- *Polly R, Mitchell J, Perman S, Jones S, Sprouse R, **Tovar EG**, Perez O, King M, & Ballard J. (December 2014). Improving Depression Screening in a Family Medicine Practice: An Application of the Lean 8-Step Problem Solving Method. Poster presented at the 2014 Society for Teachers of Family Medicine (STFM) Annual Conference on Practice Improvement, Tampa, FL.
- *Dekker RL, **Tovar EG**, Doering L, Bailey A, Campbell C, Wright J, Bishop M, & Moser DK (November 2014). A Single Cognitive Behavior Therapy Session Improves Short-Term Depressive Symptoms in Hospitalized Patients with Heart Failure. Podium presentation at the American Heart Association Scientific Sessions, Chicago, IL.
- ***Tovar EG**, Warshawsky N, Yates A, & Rosenbaum C (July 2013). *Use of a Simulation Exercise to Teach the Lean 8-Step Problem Solving Method*. Poster presented at the Summer Institute on Evidence Based Practice, San Antonio, TX.
- Perez O, King MK, **Tovar EG**, Rankin W, & Barron, M (November 2013). *Lessons Learned from Developing Transitional Care Management (TCM) Program in a Family Medicine Residency*. Seminar presentation at the Society for Teachers in Family Medicine Conference on Practice Improvement, San Diego, CA.
- *Perman S, Frye K, Mitchell J, Perez, **Tovar EG**, & King MK (November 2013). *From Paper to Cyber: Transitioning a Resident-led QI Intervention with Paper Documentation to an EMR*. Poster presentation at the Society for Teachers in Family Medicine Conference on Practice Improvement, San Diego, CA.
- ***Tovar EG**, King MK, Perez O, Atherton J, Barron M, & Pfeifle A (November 2013). *Development and Evaluation of a Quality Healthcare Curriculum: Successes, Pitfalls, and Future Directions*. Special interest presentation at the Society for Teachers in Family Medicine Conference on Practice Improvement, San Diego, CA.
- *Pratt K, Frye K, **Tovar EG**, Kimball M, Perman S, Polly R, Glover B, Sprouse R, Durham B, Mitchell J, Perez O, King M, & Barron M (May 2013). *Improving Colon Cancer Screening in a Family Medicine Residency Practice: Application of the Lean 8-Step Problem Solving Method*. Poster presented at the 2013 Society for Teachers in Family Medicine Annual Spring Conference 2013, Baltimore, MD.
- Tovar EG**, King M, Perez O (May 2013). *Resident Teaching and Practice Based Learning and Improvement in the Patient Centered Medical Home*. Poster presented at the Society for Teachers in Family Medicine Annual Spring Conference 2013, Baltimore, MD.
- *Dekker RL, **Tovar EG**, Lennie TA, Chung ML, Heo S, Wu JR, Dunbar SB, Pressler SJ, & Moser DK (November 2011). *Depressive symptoms are associated with higher levels of inflammatory biomarkers in patients with heart failure*. Presented by **E. Tovar** at the 2011 American Heart Association Scientific Sessions. Orlando, FL.
- *Kingery J, Hall H, Prendergast J, **Tovar, EG**, King M, & Killip S (April 2009). *Improving Diabetes Education in Family Medicine*. Society for Teachers of Family Medicine 2009 Annual Spring Conference, podium presentation. Denver, CO.
- *Tovar JV, Julesen T, Vann A, **Tovar, EG**, & King M (April 2009). *Diabetic Patients' Barriers to Optimal Blood Sugar Control*. Society for Teachers of Family Medicine 2009 Annual Spring Conference, podium presentation. Denver, CO.

***Tovar EG** (June 2008). *Relationships between Psychosocial Factors and Adherence to Diet and Exercise in Adults with Type 2 Diabetes*. American Academy of Nurse Practitioners 2008 Annual Conference Poster Session, National Harbor, MD.

Regional/Local

Boateng, C., Tovar, E. G., Okoli, C. T.C., Porter, K. (2015, November). *Development, Implementation, and Evaluation of Refugee Health Literacy Program (R-HeLP)*. 25th Annual Nursing Research Papers Day, Lexington, KY, peer-reviewed/refereed

Polly R, Mitchell J, Manning T, Clark J, Frye K, Perman S, Kimball M, Sprouse R, Jones S, Roney B, Perez O, King M, Bennett T, & **Tovar E**. *Improving Depression Screening in a Family Medicine Practice: An Application of the Lean 8-Step Problem Solving Method*. Poster presented at the 2015 UK Graduate Student Day at the Kentucky State Capitol; 2015 Feb. 27; Frankfort, KY.

***Tovar EG** (February 2012). *Depression in Diabetes is Associated with Worse Self Care Behaviors, Perceived Social Support and Self-Efficacy*. Presented at the 2012 Southern Nursing Research Society Annual Conference, New Orleans, LA.

*Collins K, Pratt K, Glover B, Perman S, **Tovar EG**, Perez O (November 2012). *Improving Lab Reconciliation in a Family Medicine Clinic: A Lean Initiative*. Poster presented at the Kentucky Academy of Family Physicians Annual Conference, Lexington, KY.

***Tovar EG** (February 2009). *Knowledge of Heart Disease Risk among Adults with Type 2 Diabetes*. Southern Nursing Research Society 2009 Annual Conference, podium presentation, Baltimore, MD.

***Tovar EG** (February 2008). *Development of the health beliefs related to cardiovascular disease scale*. Southern Nursing Research Society 2008 Annual Conference Doctoral Student Poster Session, Birmingham, AL.

Tovar EG (May 2007). *Psychosocial Factors and Diet and Exercise Behaviors in Persons with Type 2 Diabetes: Evaluation of a Conceptual Model*. Doctoral Dissertation Defense, University of Texas Medical Branch School of Nursing, Galveston, TX.

***Tovar EG** (February 2007). *Psychosocial Factors and Diet and Exercise Behaviors in Persons with Type 2 Diabetes: Evaluation of a Conceptual Model (Study in Progress)*. Southern Nursing Research Society 2007 Annual Conference Doctoral Student Poster Session, Galveston, TX.

Sierpina VS, Sandor MK, Vanderpool H, Gerik S, & **Gressle E** (May 2006). *The role of spirituality in healthcare education*. Southern Group on Educational Affairs Annual Meeting, Galveston, TX.

Sheffield-O'Brien K, **Gressle E**, Mistic M, & Kelly J (November 2005). *Increasing research utilization at the bedside: A plan for a research educational intervention*. Poster presented at the Sigma Theta International Biennial Convention, Indianapolis, IN.

***Gressle E** (August 2004). *The lived experiences of oncology nurses caring for patients at the end of life: An interpretive phenomenological pilot study*. The University of Texas Medical Branch, School of Nursing Student Poster Presentations, Galveston, TX.

***Gressle E** (October 2002). *Knowledge and beliefs about Chagas' disease and its vector*. The University of Texas System Border Health Symposium, South Padre Island, TX.

Invited

National

***Tovar EG** (October 2008). *Development of the Health Beliefs Related to Cardiovascular Disease Scale*. Council for the Advancement of Nursing Science 2008 Annual Conference Invited Poster Presentation Washington, DC.

Regional/Local

- Tovar EG, Dekker RL** (April 2011). iPads, spit, and Survey Monkey: Conducting a clinical trial in the 21st Century. Seminar presentation for the P20 Center for Biobehavioral Research in Self-Management of Cardiopulmonary Diseases, University of Kentucky College of Nursing, Lexington, KY.
- Tovar EG, Dekker RL** (September 2011). iPads, spit, and Survey Monkey: Conducting a clinical trial in the 21st century. PhD Brown Bag Session, University of Kentucky College of Nursing, Lexington, KY. September 2011)
- Tovar EG** (February 2010). Transforming Healthcare with the Chronic Care Model. Invited speaker, Bluegrass Community Health Center, Quality Improvement Committee, Lexington, KY
- Tovar EG** (April 2008). *The Research Process and Psychosocial Factors of Adherence to Diet and Exercise among Adults with Type 2 Diabetes*. Invited Speaker, Cabarrus College of Health Sciences Research Forum, Concord, NC.
- Tovar EG** (September 2008). *Improving Chronic Illness Care in Diabetes*. Invited speaker, Kentucky Diabetes Network Quarterly Meeting, Frankfort, KY.
- Tovar EG** (March 2007). *Your Heart - Your Diabetes: Promoting Physical Activity to Optimize Your Health & Well-being*. University of Texas Medical Branch Stark Diabetes Center, Support Group Meeting, Galveston, TX.
- Gressle E** (July 2004). *Adolescents in the summer: Safety tips*. The University of Texas Medical Branch, School of Nursing Support Staff Assembly meeting, Galveston, TX.
- *Gressle E & Khalsa R** (October 2003). *The effects of aromatherapy massage and healing meditation on pain, anxiety, and spiritual well-being in gynecological cancer patients*. Invited speakers, Sigma Theta Tau-Alpha Delta Chapter annual meeting, Galveston, TX.

PROFESSIONAL MEMBERSHIPS

Dates	Organization
2021 - Present	National Academies of Practice member
2015 - Present	University of Kentucky Center for Health Services Research Member
2008 - Present	National Organization of Nurse Practitioner Faculties
2008 - 2018	Kentucky Diabetes Network Member
2007 - Present	Sigma Theta Tau: Delta Psi Chapter
2007 - Present	Kentucky Association of Nurse Practitioners and Nurse Midwives
2007 - Present	Phi Kappa Phi National Honor Society
2004 - 2008	Texas Nurse Practitioners
2003 - 2008	Sigma Theta Tau: Alpha Delta Chapter
2003 - 2007	Doctoral Nursing Student Organization
2002 - 2007	Galveston Coalition of Advanced Practice Nurses
2002 - Present	American Academy of Nurse Practitioners Member

PROFESSIONAL SERVICE**Professional Society Service and Leadership**

2022	External Consultant University of Alabama FNP Program
2016 - 2022	Quality and Safety Education for Nurses – DNP Task Force
2016 - 2018	Academic Subgroup, Chair
2016 - 2017	National Organization of Nurse Practitioner Faculties, Curriculum Leadership Committee
2016 - 2017	National Organization of Nurse Practitioner Faculties, Special Interest Group: Distance Learning
2016 - 2017	National Organization of Nurse Practitioner Faculties, Special Interest Group: Simulation
2010 - 2014	Kentucky Coalition of Nurse Practitioners and Nurse Midwives, Public Relations Committee
2010 - 2016	Kentucky Coalition of Nurse Practitioners and Nurse Midwives, Reimbursements Committee
2004 - 2006	Texas Nurse Practitioners: Galveston Area Representative
2004 - 2006	Galveston Coalition of Advanced Practice Nurses: Texas Nurse Practitioners Liaison
2005 - 2006	Doctoral Nursing Student Organization: President

2004 - 2006 Sigma Theta Tau - Alpha Delta Chapter: Corresponding Secretary

Membership on Manuscript and Abstract Review Panels

2022	NONPF National Conference	Abstract Reviewer
2019	UK Student Scholarship Showcase	Abstract Reviewer
2010 - Present	Research in Nursing and Health	Manuscript Reviewer
2010 - Present	Journal of Advanced Nursing	Manuscript Reviewer
2014	Journal of Nursing Measurement	Manuscript Reviewer
2014	University of Texas Health Science Center San Antonio School of Nursing	Abstract Reviewer, Summer Institutes on Quality Improvement Conference

University Service

Year	Activity	Role
2020 - Present	UK Center for Interprofessional Health Education, Interprofessional Collaboration and Team Skills (iCATS) Training	iCATS Facilitator
2019 - Present	University of Kentucky Faculty Senate	Member
2016	UK Promotion & Tenure "Beginnings" workshop.	Panelist
2016	Invited Speaker - UK Polk Dalton Internal Medicine Clinic	Quality Improvement in the Polk Dalton Clinic
2014 - 2018	UK Family Medicine Patient Advisory Board	Coordinator, Facilitator
2014	UK Center for Interprofessional Health Education, Research, and Prevention	Nurse faculty Consultant for LGBT Health & Health Care Module
2013 - 2016	Physician Assistant Student Quality Improvement Projects	Clinical and Faculty Facilitator
2013 - 2020	Family Medicine PCMH Workgroup	Member
2011 - 2012	BSN Nurse Residency Program	Facilitator
2011 - 2012	Health Care Colleges Council	Alternate
2011 - 2020	Dean's Inter-Professional Honor's Colloquium	Faculty Preceptor
2008 - 2012	University of Kentucky Diabetes Self-Management Education Program Advisory Committee	Member
2008 - Present	Circles of Power: A Program for Women Faculty in Leadership	Member
2007 - 2020	Department of Family and Community Medicine	APRN Faculty Practice

College of Nursing Service

Year	Activity	Role
2021 - Present	Graduate Scholarship Committee	Committee Member
07/2021 - 06/2022	DNP Program Committee	Committee Chair
2019	Student Scholarship Showcase	Abstract Reviewer, Poster/Presentation Judge
2019 - Present	UK CON Sim Lab Advisory Committee	Member
2018 - Present	Faculty Practice Council	Elected Faculty Member
07/2017 - Present	DNP Program Committee	Track Coordinator
07/2017 - Present	Primary Care Nurse Practitioner Program	Track Coordinator
2017 - 2018	PATA committee	Chair
2016 - 2018	PATA committee	Elected Faculty Member
2016 - 2017	DNP Program Committee	Elected Faculty Member
2014 - 2015	Faculty Practice Council	Elected Faculty Member
2015 - 2016	Faculty Practice Council	Chair
2013 - 2015	Faculty Council	Elected Faculty Member
2011 - Present	Faculty Practice Group	Faculty Practice Member

2011-2012	Graduate Scholarship Committee	Committee Member
2011-2012	CCNE Self Study Report Part IV	Voluntarily Completed section of report
2011-2012	Evidence Based Practice Research Consultation Group	Faculty Member
2011	CON Representative for meeting with President Capilouto	Faculty Member
2010 - 2012	DNP Program Committee	Elected Faculty Member
2008	Student Scholarship Showcase	Abstract Reviewer, Poster/Presentation Judge
2009 - Present	Applicant Interviews for PhD and DNP programs	Interviewer
2009	Nurse Scholars Seminar	Presenter, APRN collaborative practice
2008 - 2010	Master's Program Committee	Faculty Member
2008 - 2009	Teaching and Technology Task Force	Member

Public Service Activities

Dates	Activity	Role
2021 - Present	Baby Health Board	Board Member, Clinic Volunteer
10/2015 - 05/2017	William Wells Brown Elementary School	Classroom Volunteer
Fall 2013 - 2015	Kentucky Diabetes Network & UK DNP Primary Care Track Program Partnership	Co-Facilitator
2010	Kentucky Living - online article: Type 2 Diabetes	Diabetes Expert on Preventing Type 2 Diabetes
05/2008	Shoulder to Shoulder Ecuador - Medical Mission	Primary Care Provider Volunteer
2007 - 2010	Diabetes Support Group Meetings (Monthly)	Facilitator